# **EUROPEAN CHILDHOOD** OBESITY

# 31 **CONGRESS** GROUP VICHY 2-4 November 2022















Invitation www.ecog-obesity.eu info@ecog-obesity.eu @ECOGobesity







Dear Colleague,

It is our pleasure to invite you to Vichy on the occasion of the 31st European Childhood Obesity Group (ECOG 2022) congress. ECOG 2022 will take place from the 2nd to the 4th of November in Vichy, a city bursting with a wide choice of world class attractions, legendary music and culture and worldwide renowned thermal baths. This year's congress aims to bring together childhood obesity experts and young scientists from across Europe.

The scientific programme will approach the multidisciplinary nature of childhood obesity prevention and treatment, giving the floor to some of the finest experts in policies and management strategies, dietary interventions, appetite and eating behaviors, pharmacological strategies as well and family programs and general physiology and metabolism. In addition, international associations such as the World Health Organization and the European Association for the Study of Obesity will animate and lead specific sessions.

ECOG 2022 will be an excellent opportunity to meet, discuss and share information and experiences with like-minded colleagues. It will be the perfect occasion for practitioners to share the experiences and enrich their career and for early career students and scientists to take their first step in the field, guided by international experts and mentors.

In the following months, we will provide you with more information about: ECOG board and ECOG 2022 scientific and organising committees, scientific and social programmes, congress venue and accommodations, registration forms and fees.

We look forward to meeting you at the conference and if, in the meantime, you have any questions please do not hesitate to contact us.

Yours Sincerely,

Professor Daniel Weghuber ECOG President

Associate Professor David Thivel ECOG Vice-President, President Elect ECOG Congress 2022

! REGISTRATION OPEN NOW!







## **ECOG Board**

Daniel Weghuber, President – Austria
David Thivel, Vice President – France
Margherita Caroli, Treasurer – Italy
Anders Forslund, Scientific Advisor – Sweden
Eva Erhardt, Member – Hungary
Emma Boyland, Member – United Kingdom
Artur Mazur, Member/Past President – Poland
Elpis Vlachopapadopoulos, Member – Greece

# Local organizing committee

Julien Verney (PhD – UCA)
Lore Metz (PhD/HDR– UCA)
Gael Ennequin (PhD – UCA)
Laurie Isacco (PhD – UCA)
Alicia Fillon (PhD – ONAPS / AFERIS / UCA)
Valérie Julian (MD/PHD – UCA)
David Thivel (PhD-HDR – UCA - CALORIS)

## Local scientific committee

Prof Yves Boirie (MD/PHD – UCA - CALORIS)
Prof Martine Duclos (MD/PHD – UCA)

Marie-Laure Frelut (MD – ECOG past-president)
David Thivel (PhD-HDR – UCA – CALORIS)

# Thanks to









! REGISTRATION OPEN NOW!





11:30 – 13:30	Registrations
13:30 - 14:00	Short Opening introduction
14:00 - 15:30	Session 1: Disease Management Program in Pediatric Obesity (World Health Organization)
15:00 - 15:30	Wickramasinghe K – WHO European Office for the Prevention and Control NCD  Pediatric obesity in the WHO Disease Management program in Europe
15:30 - 16:00	Koletzko B - Ludwig-Maximilians - Universität München Pediatric health and pediatric obesity in the context of COVID-19
16:00 - 16:30	Coffee Break + Posters
16:30 - 18:00	Session 2: From national to international action plans and strategies (National Health insurance)
16:30 - 17:00	Assurance Maladie Speaker – Paris, France  Transfer of local initiatives into national and labeled action plans: the article 51 strategy
17:30 - 17:00	Hannah Brinsden - World Obesity Federation The CoCREATE / STOP international initialtives
17:00 - 18:00	Satelite Assurance Maladie - working session: Towards new collective perspectives (Invitations only)
18:45 - 21:00	Welcome Reception (Main City Hall Vichy)





09:00 - 11:00	Session 1: From feeding practices to dietary recommendations (Aprifel session)		
09:00 - 09:30	Goran M - University of Southern California, USA  Dietary intervention and pediatric obesity; from scientific evidence to recommendations		
09:30 - 10:00	Nicklaus S - Centre des Sciences du Goût et de l'Alimentation, Dijon Feeding practices and choices in young children		
10:00 - 10:30	Thivel D – Clermont Auvergne University  Are Movement behaviors associated with eating habits and appetite control?		
10:30 - 11:00	Richonnet C – European Club of Childhood Dieticians  Nutritional Quality and Degree of Processing food in Children		
11:00 - 11:30	Coffee Break + Posters		
11:30 - 12:30	Oral presentations		
12:30 - 13:30	Lunch Break + Aprifel Symposium		
13:30 – 15:00	Session 2: Parenting and Family-centered strategies (CALORIS/Assurance Maladie)		
13:30 - 14:00	Nowicka P - Uppsala University and Karolinska Institute, Sweden  Parenting in the context of pediatric obesity		
14:00 - 14:30	Braet C - Ghent University, Belgium  Family-based interventions to prevent and treat pediatric obesity: what do we know?		
14:30 - 15:00	Boirie Y – Clermont Auvergne University, Caloris, France  The ProxOb program: from a regional initiative to a successful and effective national plan.		
15:00 - 16:00 16:00 - 16:45	Workshop Parenting and Family-centered strategies Workshop's restitution		
16:45 <b>-</b> 17:15	Coffee Break + Posters		
17:15 - 18:15 18:15 - 19:15	Oral presentations ECOG General Assembly with Board Election		
19:30 - 20:15	Second Plenary - Understanding childhood obesity: from molecular diagnosis to therapeutic choices Dubern B – Sorbonne University, France		
20:15 - 22:30	Gala Reception		





09:00 – 10:30 Session 1: ECOG-EASO joint session: Sports-based marketing of foods and beverages to children

09:00 – 09:15 Boyland E - University of Liverpool, UK
Wickramasinghe K - WHO Europe, Prevention and Control NCD

Introduction to the session, highlight ECOG-EASO collaboration, extent of the problem and need to support policy

09:15 - 09:35 Garde A - University of Liverpool, UK

Towards a childhood free from harmful food marketing? The EU-wide Food Marketing Directive Initiative

09:35 – 10:05 Tim Smits - KU Leuven, Belgium

Overview of existing evidence of sports-based food marketing impact on eating and body weight in children

10:05 - 10:30 Boyland E - University of Liverpool, UK

From interdisciplinary evidence to policy progress: setting the translational research agenda

**10:30 – 11:30** Coffee Break + Posters

11:30 – 12:30 Session 2: Use of e-technologies for the prevention and treatment (EIT session)

11:30 – 12:00 O'Malley G - RCSI University of Medicine and Health Sciences, Ireland

Mobile Health for Pediatric Weight Management: Systematic Scoping Review

12:00 – 12:30 Desmet M - Ghent University, Belgium

Feasibility and interest of e-application as a personalized treatment tool for adolescents with obesity

12:30 – 13:30 Oral presentations

13:30 – 14:30 Lunch Break + Posters

14:30 – 16:00 Session 3: Multidisciplinary weight loss interventions: interests and challenges?

14:30 – 15:00 Lazzer S – University of Udine, Italy

Metabolic adaptation to weight loss and risks for weight regain in children

15:00 – 15:30 Julian V – Clermont Auvergne University

Cardiometabolic profile, weight loss and weight regain in pediatric obesity

15:30 – 16:00 Fearnbach N– PBRC Baton Rouge, USA

Physical and nutritional behavioral responses to weight loss: implication for weight regain

**16:00 – 17:30** Award and closing ceremony (cocktail)





REGISTRATION:	EARLY (<1.09.2022)	LATE (>2.09.2022)
STUDENTS	200€	250€
REGULAR*	350€	400€
ECOG MEMBERS	225€	275€
ONLINE PARTICIPANT FEE	50€	-
ONLINE GROUP FEE (10 CONNECTION LINKS)	300€	-

<sup>\*</sup> For groups of delegates (minimum 4) coming from the same institution, we are happy to apply a discount of 10% on the registration fees. To benefit from this discount please contact the secretariat (milena@ecog-obesity.eu).



## CALL FOR ABSTRACTS IS NOW OPEN!

[Deadline for submission: June 20, 2022]

- 1. Only electronic abstracts will be accepted. Please attach your abstract to your registration form.
- 2. Abstracts must be submitted in **English**.
- 3. The maximum word count is **250** this includes body text and tables. You are advised to use the ECOG template below.
- 4. The deadline for receipt of abstracts is June 20, 2022.
- 5. All abstract submitters will be notified by the scientific committee (SC) of their **decision by July 20, 2022**.
- 6. All presenters of accepted abstracts are expected to attend the congress.
- 7. Abstracts will be selected for **oral or poster presentations**. Each oral presentation will last 10 minutes.
- 8. Abstracts and congress proceedings will be **published in the international journal 'Annals of Nutrition and Metabolism'**.

## **ECOG Abstract Template:**

## **ABSTRACT TITLE**

Arial 10 font bold, left aligned

#### **AUTHOR NAMES**

Arial 10 font. Surname, initials. Presenting author to be bold, affiliations numbered in superscript.

#### **ABSTRACT TEXT**

Arial 10 font, left aligned, maximum 250 words.

### -> EXAMPLE

#### Title

#### **Authors**

**Green, B**<sup>1</sup>, Red, N<sup>2</sup>, White, P<sup>2</sup>
<sup>1</sup>University of Hogwarts, Rivendell, Middle-earth <sup>2</sup>Royal Green Hospital, Lannisport, Westeros

#### Text

Introduction + Methods + Results + Conclusion (don't forget Image ©)

#### 1. Conflict of Interest:

None Disclosed/Payment received from .....

#### 2. Funding

No Funding/Research relating to this abstract was funded by .....

### ! REGISTER NOW!